



COTSWOLD *Cycling Breaks*

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If being on **your bike makes you happy**, imagine the **ear-to-ear grin** you'd be wearing if you were exploring the **quiet country lanes** and ancient **wool tracks of the cotswolds**, with its steeply **wooded valleys**, breathtaking viewpoints and **idyllic villages**.

Iain Bailey, born-again cyclist and owner of Tetbury's Ormond Hotel, was inspired to set up Cotswold Cycling Breaks after spending years exploring and mapping the best cycling the Cotswolds has to offer with his cycling group, the Ormond Velos.

The Cotswolds – the UK's largest designated Area of Outstanding Natural Beauty – offers rides to suit all levels, whether your idea of heaven is pumping up vertiginous slopes shouting 'Shut up legs!' or pedaling along leafy lanes anticipating the award-winning pub lunch we've booked for you en route.

Based at The Ormond Hotel – where you and your bike will receive a warm welcome and special attention (delicious, nutritionist-designed meals for you, secure storage and complimentary post-ride wash-down for your bike) – Cotswold Cycling Breaks is the ideal way to experience the brilliant cycling this area has to offer.

www.cotswoldcyclingbreaks.co.uk





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Whether you are staying for just one night or taking on the mighty Wye Valley challenge, we will make sure everything is taken care of for your break. All you have to do is turn up and enjoy your cycling:

WHAT IT COSTS

Cycle breaks start from £99 per person per night

Included in the price along with your room is the following:

- Cooked breakfast every morning
- 2 course evening meal
- Protein rich hot chocolate nightcap

Plus Based on 1 ride per day:

- SIS Hydrate™ powder for 2 x 500ml drink bottles
- 1 x SIS GO™ energy bar
- 1 x SIS Recovery™ drink post ride
- 1 x packet of dried fruit and nuts post ride
- Bike clean & chain lube
- Secure bike storage
- Cycle clothing overnight clean
- Garmin Edge 800™ sat nav

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CONTACT US

Telephone. 01666 505 690

Email. info@cotswoldcyclingbreaks.co.uk

www.cotswoldcyclingbreaks.co.uk



23 Long Street, Tetbury,
Gloucestershire, GL8 8AA
www.cotswoldcyclingbreaks.co.uk

CALL US ON

01666 505 690